



2000 South Regional Seeded Girls Results

**November 25, 2000
McAlpine Greenway
Charlotte, NC**

Seeded Girls Results 3.10 Miles, 5.00 Kilometers

1	Christa Benton (12)	Saint Petersburg, FL	17:56
2	Kara Scanlin (11)	Ponte Vedra Beach, FL	18:03
3	Candice Kolb (12)	Austin, TX	18:07
4	Laura Stanley (11)	Fletcher, NC	18:07
5	Brooke Stewart (10)	College Station, TX	18:16
6	Jessa Vacek (12)	Grapevine, TX	18:19
7	Elizabeth Benson (12)	Gallatin, TN	18:20
8	Valerie Lauver (11)	Allen, TX	18:34
9	Kelly Swain (10)	Fairfax Station, VA	18:35
10	Jean Addison (12)	Midlothian, VA	18:36
11	Katrina Zielinski (11)	Flower Mound, TX	18:37
12	Marilyn Ruiz (12)	Hallandale, FL	18:39
13	Julia Cathcart (11)	Starkville, MS	18:40
14	Ginger Wheeler (12)	Winston Salem, NC	18:41
15	Keira Carlstrom (11)	Oakton, VA	18:46
16	Michelle Hurn (12)	Plano, TX	18:47
17	Connie Heiskell (11)	Atlanta, GA	18:48
18	Sarah Damen (12)	Oak Ridge, TN	18:49
19	Erin Bengtson (11)	Flower Mound, TX	18:50
20	Veronica Ramirez (12)	San Antonio, TX	18:51
21	Nelly Anderson (11)	Charlotte, NC	18:55
22	Anna Brew (12)	Gainesville, FL	18:56
23	Alli Sauer (11)	Goshen, KY	18:57
24	Jessica Hellender (11)	Fort Lauderdale, FL	18:58
25	Jackie John (12)	Iowa, LA	18:59
26	Casey Phillips (11)	Greenville, SC	19:06
27	Suzanne Cooney (11)	Lexington, KY	19:06
28	Ashley Seaton (12)	Richmond, VA	19:07
29	Jennifer Gomez (11)	Miami, FL	19:08
30	Shannon Saunders (11)	Forest, VA	19:09
31	Jessica Collins (11)	Goldsboro, NC	19:10
32	Lindsey Minnihan (12)	Titusville, FL	19:13
33	Jessica Taylor (12)	Fayetteville, WV	19:14
34	Jessica Czervionke (12)	Ponte Vedra Beach, FL	19:16
35	Lacey Leifeste (11)	Marble Falls, TX	19:17
36	Holly Moser (12)	Flower Mound, TX	19:17
37	Karla West (12)	Corpus Christi, TX	19:18
38	Sherri Flohr (11)	Grafton, WV	19:20
39	Melissa Caudill (12)	Leesburg, VA	19:21
40	Anna Ball Hodge (11)	Raleigh, NC	19:22
41	Stephanie A. Taylor (12)	San Antonio, TX	19:22
42	Natalie Kotula (12)	Jacksonville, FL	19:23

43	Mallory Dunn (12)	Daytona Beach, FL	19:24
44	Gabrielle Polhemus (9)	Boca Raton, FL	19:25
45	Kathleen Turchin (10)	Buford, GA	19:26
46	Allison Twomey (12)	Mc Lean, VA	19:27
47	Brionne Yosten (12)	Hereford, TX	19:28
48	Amelia Slagle (10)	Davidson, NC	19:30
49	Kristin Saunders (11)	Forest, VA	19:30
50	Mallory Giordano (10)	Tampa, FL	19:32
51	Heidi Sloop (12)	Millers Creek, NC	19:33
52	Lauren Grant (12)	Pooler, GA	19:37
53	Mary Hogan (11)	Springfield, VA	19:38
54	Lindsey Moffenbier (11)	Riverview, FL	19:40
55	Katie Endres (9)	Sterling, VA	19:41
56	Emily Bonilla (12)	Corpus Christi, TX	19:41
57	Tracy Williams (12)	Herndon, VA	19:41
58	Chelsea Henderson (11)	Ashburn, VA	19:42
59	Priscilla Hernandez (11)	San Antonio, TX	19:42
60	Carly Matthews (11)	Winston Salem, NC	19:43
61	Emily Harrison (9)	Front Royal, VA	19:43
62	Emily Sheffer (12)	Morganfield, KY	19:44
63	Lauren Miller (11)	Apex, NC	19:45
64	Michele Popple (12)	Wake Forest, NC	19:45
65	Carla Uribe (11)	Norcross, GA	19:47
66	Caitlin Dempsey (12)	Fairfax, VA	19:48
67	Kimberly Rucks (12)	Okeechobee, FL	19:48
68	Megan Isaacs (10)	Newport News, VA	19:53
69	Rachel Haley (11)	Harrisonburg, VA	19:54
70	Jamie Weiller (12)	Humble, TX	19:54
71	Delaney Moje (11)	Charlottesville, VA	19:55
72	Suzanne Walker (12)	Chattanooga, TN	19:56
73	Kelley Wright (12)	Houston, TX	19:57
74	Melissa Loveridge (9)	Hardin, KY	19:57
75	Sara Hines (12)	Strasburg, VA	19:58
76	Sarah Wells (12)	Spring, TX	19:59
77	Meredith Cleveland (10)	Sterling, VA	20:00
78	Rachel Kitson (12)	Chapel Hill, NC	20:00
79	Amy Rapp (11)	San Antonio, TX	20:01
80	Christy Brewer (10)	Atlanta, GA	20:01
81	Angela Pichardo (11)	Hollywood, FL	20:03
82	Betsy Kain (11)	Bridgewater, VA	20:05
83	Jeanne Shepherd (12)	Tucker, GA	20:10
84	Elissa Cooper (11)	Clinton, TN	20:10
85	Katy Dannenberg (11)	Sterling, VA	20:12
86	Michelle Kinney (11)	Memphis, TN	20:15
87	Kimberly Kingston (10)	Raleigh, NC	20:17
88	Noel Smith (11)	Fountain Inn, SC	20:19
89	Jennifer Kelley (11)	Asheville, NC	20:21
90	Paige Young (12)	Virginia Beach, VA	20:22
91	Ashley Moulton (11)	Phenix City, AL	20:23
92	Cara Nichols (12)	Bowling Green, KY	20:24
93	Rebecca Singleton (12)	Birmingham, AL	20:25
94	Lauren Paige (11)	Greenville, SC	20:28
95	Lara Del Rio (11)	Miami, FL	20:29
96	Shawna Florida (11)	Spring, TX	20:32
97	Michelle Brouillet (11)	Hollywood, FL	20:34
98	Katie Coan (11)	Alexandria, VA	20:35
99	Heather Koehler (11)	Jonesboro, GA	20:37
100	Shalaine Phaup (12)	Henderson, KY	20:38
101	Andrea Morrow (11)	Jacksonville, FL	20:45
102	Lindsay Lancaster (12)	Pisgah Forest, NC	20:49
103	Adrienne Barnes (23)	Rincon, GA	21:02
104	Hadley Thom (11)	Chapel Hill, NC	21:04
105	Samantha Woodhouse (12)	Boca Raton, FL	21:05
106	Lauren Mygas (11)	Virginia Beach, VA	21:08
107	Rana Yehia (12)	Pompano Beach, FL	21:18

108	Devon Reed (12)	Boca Raton, FL	21:30
109	Margaux Cowan-Banker (12)	Knoxville, TN	21:32
110	Danella Dutton (11)	Hampton, GA	21:38
111	Meghann Gunderman (12)	Charlotte, NC	21:48