

## Concorde District (6A Conference 5)

### Schools

<b>Centreville</b>	1994- Present	<b>Herndon</b>	1994-2017
<b>Chantilly</b>	1994- Present	<b>Thomas Jefferson</b>	1994-2005
<b>James Madison</b>	2017-Present	<b>James Robinson</b>	2006-2017
<b>Oakton</b>	1994- Present	<b>South Lakes</b>	1994-2003
<b>Westfield</b>	2000- Present	<b>WT Woodson</b>	1994-1999

### Records

<b>55m Dash</b>	John Schenck	Westfield	6.42	2003	Destyne Jones	Centreville	7.0h	1995
<b>55m Hurdles</b>	Ricky Harris	Centreville	7.5	1999	Naccolle Guinn	Jefferson	8.24	1998
<b>300m Dash</b>	Daniel Bailey	Centreville	35.22	2002	Genamarie McCant	Robinson	40.28	2012
<b>500m Dash</b>	Nathan Kiley	Westfield	1:05.36	2013	Genamarie McCant	Robinson	1:17.08	2012
<b>1000m Run</b>	Michael McNamee	Oakton	2:29.05	2012	Kerry Hartman	Westfield	2:58.06	2007
<b>1600m Run</b>	Sean McGorty	Chantilly	4:11.52	2013	Allie Klimkiewicz	Oakton	4:59.18	2013
<b>3200m Run</b>	Sean McGorty	Oakton	8:55.38	2013	Lia DiValentin	Chantilly	10:52.12	2008
<b>Long Jump</b>	Brandon Davis	Centreville	22' 2.75"	2007	Carina Peter	Herndon	18' 9.75"	2012
<b>Triple Jump</b>	Arthur McDuffy	Chantilly	46' 3.25"	2007	Destyne Jones	Centreville	39' 1.75"	1995
<b>High Jump</b>	Joey Muzzio	Robinson	6' 8"	2011	Bonnie Meekins	Oakton	5' 7"	2002
<b>Pole Vault</b>	David Sullivan	Centreville	15' 1"	2001	Charlotte LaRoche	Centreville	11' 6"	2000
<b>Shot Put</b>	Garrett Weatherbee	Robinson	54' 1.75"	1995	Maria Muzzio	Robinson	42' 5"	2015
<b>4x200m Relay</b>		Centreville	1:32.60	2002	Jenniter Geldermann, Jasmine Nelson, Adeola Abisogun, Sara Kanamine	Chantilly	1:46.10	2005
<b>4x400m Relay</b>	David Grott, Chris Courson, Phillippe Tondereau, Chris Black	Westfield	3:27.64	2004	Tanisha Demby, Amy Collins, Brittini Finch, Cate Tisinger	Centreville	4:05.63	2005
<b>4x800m Relay</b>	Evan Compton, Daniel Mitchell, Ryan McGorty, Brandon McGorty	Chantilly	8:00.17	2015	Kayla Wagle, Olivia LeFrancois, Ana Morris, Nicole Re	Westfield	9:34.81	2017

### Team Champions

	Boys Winner	Score	Girls Winner	Score
1995	Chantilly	116 pts	Centreville	147 pts
1996	Chantilly	115 pts	Centreville	120 pts
1997	Oakton	116 pts	Jefferson	132 pts
1998	Jefferson	131 pts	Jefferson	140 pts
1999	Centreville	100 pts	Jefferson	133 pts
2000	Oakton	102.5 pts	Oakton	159 pts
2001	Oakton	119 pts	Oakton	115 pts
2002	Centreville	121 pts	Oakton	154.5 pts
2003	Westfield	127 pts	Jefferson	102 pts
2004	Westfield	170.5 pts	Westfield	124.5 pts
2005	Centreville	116 pts	Centreville	110 pts
2006	Centreville	91 pts	Westfield	130 pts
2007	Centreville	110 pts	Westfield	136.5 pts
2008	Westfield	124 pts	Westfield	120 pts
2009	Robinson	122 pts	Oakton	111 pts
2010	Robinson/Centreville	108 pts	Oakton	109 pts
2011	Chantilly	126 pts	Oakton	133 pts
2012	Westfield	117 pts	Oakton	149 pts
2013	Westfield	134 pts	Oakton/ Robinson**	155.5 pts

<b>2014</b>	Chantilly	<b>175 pts</b>	Oakton	147 pts
<b>2015</b>	Chantilly	156 pts	Robinson	158 pts
<b>2016</b>	Chantilly	152 pts	Robinson	130 pts
<b>2017</b>	Westfield	132 pts	Chantilly	<b>176 pts</b>
<b>2018</b>	Westfield	128 pts	Chantilly	158 pts
<b>2019</b>	Westfield	159 pts	Chantilly	137.5 pts
<b>2020</b>	Oakton	161 pts	Westfield	187 pts

\*\* Historical Note: The official results for the 2013 girls championships originally listed Oakton as the team champion, with a two point advantage over Robinson. An error was detected in the scoring of the 3200m run, resulting in a tie. Despite advancing the Robinson runner to Regionals, the district directors decided not to award Robinson a share of the title, despite the change to the finishing order of the event. Thus, the tie listed is considered "Unofficial".

## Individual Champions

### 55m Hurdles

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>		<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
<b>1995</b>	Phil Purgason	Centreville	7.6h		Destyne Jones	Centreville	8.5h
<b>1996</b>	Azibo Smith	Chantilly	7.8h		Destyne Jones	Centreville	8.4h (8.2h-s)
<b>1997</b>	Ricky Harris	Centreville	8.08		Naccolle Guinn	Jefferson	8.2h
<b>1998</b>	Ricky Harris	Centreville	7.5h		Naccolle Guinn	Jefferson	8.24
<b>1999</b>	Ricky Harris	Centreville	7.5		Alyssa Aiken	Chantilly	8.62
<b>2000</b>	Ricky Harris	Centreville	7.49		Alyssa Aiken	Chantilly	8.41
<b>2001</b>	Dhivy Jayaseelan	Jefferson	8.02		Bonnie Meekins	Oakton	8.99
<b>2002</b>	David Sullivan	Centreville	8.01		Bonnie Meekins	Oakton	8.8
<b>2003</b>	Phillippe Tondereau	Westfield	7.88		Sarah Woody	Oakton	8.98
<b>2004</b>	Phillippe Tondereau	Westfield	7.85		Karen Woolley	Westfield	9.14
<b>2005</b>	Jimmy Beyeah	Chantilly	8.05		Karen Woolley	Westfield	8.77
<b>2006</b>	Jamal Crowelle	Centreville	7.66		Haley Boone	Westfield	9:06
<b>2007</b>	Daryl Hamilton	Centreville	8.15		Hana Tran	Centreville	8.62
<b>2008</b>	Robert Herrity	Chantilly	8.12		Haley Boone	Westfield	9.09 (9.01s)
<b>2009</b>	Dominique Bacote	Centreville	8.2		Rachel Dillon	Westfield	9.34
<b>2010</b>	JW Seo	Robinson	8.25		Rachel Dillon	Westfield	9.13
<b>2011</b>	Miles Ransom	Chantilly	8:30		Meghan Jean-Baptiste	Oakton	9.02
<b>2012</b>	Miles Ransom	Chantilly	8.09		Meghan Jean-Baptiste	Oakton	8.83
<b>2013</b>	Nestor Folta	Oakton	7.87		Meghan Jean-Baptiste	Oakton	8.56
<b>2014</b>	Peyton McClintock	Chantilly	7.88		Sammy Belso	Centreville	9.41
<b>2015</b>	Kevin Bishop	Centreville	7.96		Jackie Toye	Oakton	9.33
<b>2016</b>	Jose Diego Almodiel	Chantilly	8.05		Juliann Sutherland	Westfield	9.40
<b>2017</b>	Gabe Abbe	Westfield	7.98		Victoria Chanthyasak-White	Robinson	9.11
<b>2018</b>	Eric Tsai	Chantilly	8.34		Jenay Soumahro	Chantilly	9.56
<b>2019</b>	Mitchell Kanaan	Westfield	8.25 (8.24p)		Jenay Soumahro	Chantilly	8.70
<b>2020</b>	Tyler O'Reilly	Chantilly	8.45		Jenay Soumahro	Chantilly	8.80

### 55m Dash

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>		<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
<b>1995</b>	Brian Smith	South Lakes	6.3h		Destyne Jones	Centreville	7.0h
<b>1996</b>	Kwarteng Adu-Gyamfi	Herndon	6.4h		Destyne Jones	Centreville	7.1h
<b>1997</b>	Chris Akhidme	Herndon	6.67		Jenny Walker	WT	7.52
<b>1998</b>	Ricky Harris	Centreville	6.66		Carielle Doe	South Lakes	7.34
<b>1999</b>	Brandon Buchanan	Jefferson	6.61		Alyssa Aiken	Chantilly	7.27
<b>2000</b>	Ricky Harris	Centreville	6.63		Alyssa Aiken	Chantilly	7.25
<b>2001</b>	Garrett Pugh	Centreville	6.79		Kathleen Woody	Oakton	7.54
<b>2002</b>	Daniel Bailey	Centreville	6.51		Kathleen Woody	Oakton	7.3

2003	John Schenck	Centreville	6.42	Carmen Meade	Westfield	7.2
2004	Eddie Royal	Westfield	6.51	Carmen Meade	Westfield	7.31
2005	Jimmy Beyeah	Chantilly	6.69	Tanisha Demby	Centreville	7.38
2006	Brandon Williams	Centreville	6.66	Brittini Finch	Centreville	7:36
2007	Brandon Williams	Centreville	6.61	Brittini Finch	Centreville	7.41 (7.34s)
2008	Matthew Davis	Westfield	6.66	Audrey Barry	Robinson	7.42
2009	David Ladd	Fairfax	6.52	Audrey Barry	Robinson	7.39
2010	Ryan Tarpey	Robinson	6.55	Carina Peter	Herndon	7:37
2011	Ayo Raymond	Robinson	6.6	Carina Peter	Herndon	7.21
2012	Ayo Raymond	Robinson	6.44	Carina Peter	Herndon	7.14
2013	Ayo Raymond	Robinson	6.51	Seye Raymond	Robinson	7.44
2014	Eason Recto	Chantilly	6.58	Seye Raymond	Robinson	7.42
2015	Marcus Denham	Robinson	6.63	Alisha Harris	Robinson	7.29
2016	Justin Loh	Chantilly	6.61	Alisha Harris	Robinson	7.23
2017	Davian Powell	Westfield	6.45	Jordan Fitzgerald	Oakton	7.25
2018	Caden Billak	Centreville	6.56	Inaya Jones	Westfield	7.4
2019	Saadiq Hinton	Westfield	6.63	Inaya Jones	Westfield	7.55
2020	Trosoadas Davenport	Chantilly	6.65f (6.63p)	Emma Seetoo	Westfield	7.33

### 300m Dash

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Kisasi Swan	Chantilly	36.8h	Destyne Jones	Centreville	42.9h
1996	Othello Richards	Jefferson	36.3h	Carielle Doe	South Lakes	42.4h
1997	Chris Wilbur	South Lakes	37.1h	Carielle Doe	South Lakes	41.7h
1998	Ricky Harris	Centreville	36.14	Faith Rein	Centreville	42.21
1999	Brandon Buchanan	Jefferson	37.16	Alyssa Aiken	Chantilly	41.33
2000	Ricky Harris	Centreville	37.41	Alyssa Aiken	Chantilly	41.28
2001	Daniel Bailey	Centreville	37.52	Sarah Lewis	Centreville	43.34
2002	Daniel Bailey	Centreville	35.22	Jenee Moore	Oakton	41.71
2003	John Gross	South Lakes	36.20	Abby Lauer	Jefferson	41.84
2004	Chris Black	Westfield	36.23	Carmen Meade	Westfield	42.52
2005	Chris Ford	Oakton	36.56	Jordan Grant	Centreville	41.25
2006	Kevin Dillard	Westfield	36.74	Jordan Grant	Centreville	41.47
2007	Matthew Anderson	Westfield	35.78	Jordan Grant	Centreville	41.66
2008	Raymond Urrutia	Chantilly	36.64	Jordan Grant	Centreville	41.06
2009	Jae Son Shim	Robinson	37.22	Audrey Barry	Robinson	41.28
2010	Mohamed Labor-	Chantilly	36.44	Genamarie McCant	Robinson	40.29
2011	Mohamed Labor-	Chantilly	36.15	Genamarie McCant	Robinson	40.58
2012	Nathan Kiley	Westfield	36.25	Genamarie McCant	Robinson	40.28
2013	Nathan Kiley	Westfield	35.62	Kacey Wheeler	Robinson	42.02
2014	Marcus Denham	Robinson	35.97	Natalie Lott	Westfield	41.98
2015	Marcus Denham	Robinson	36.06	Natalie Lott	Westfield	41.61
2016	Titus Jeffries, Jr	Chantilly	36.17	Natalie Lott	Westfield	41.31
2017	Davian Powell	Westfield	36.36	Natalie Lott	Westfield	40.51
2018	Cameron Howard	Westfield	36.00	Inaya Jones	Westfield	41.93
2019	Bryce Snyder	Westfield	36.77	Emma Seetoo	Westfield	41.92
2020	Jayson Bell	Westfield	36.54	Emma Seetoo	Westfield	41.53

## 500m Dash

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Phil Purgeson	Centreville	1:08.6h	Shalamar Carruthers	Centreville	1:19.7h
1996	James Vasak	Jefferson	1:08.5h	Jeraldine Cofie	South Lakes	1:20.7h
1997	Chris Wilbur	South Lakes	1:07.7h	Paula Spaeth	Jefferson	1:17.2h
1998	Raphael Delgado	Centreville	1:10.21	Faith Rein	Centreville	1:18.56
1999	Raphael Delgado	Centreville	1:08.72	Faith Rein	Centreville	1:18.18
2000	Alan Webb	South Lakes	1:07.76	Nicole Maier	Oakton	1:21.86
2001	Alan Webb	South Lakes	1:08.08	Sarah Lewis	Centreville	1:21.55
2002	Steve Gillard	Herndon	1:07.19	Kat Schleckser	Jefferson	1:19.46
2003	Steve Gillard	Herndon	1:06.05	Tara Markey	South Lakes	1:19.34
2004	Chris Courson	Westfield	1:07.83	Hannah Green	Herndon	1:20.65
2005	Kendall Cones	Westfield	1:07.31	Cate Tisinger	Centreville	1:18.36
2006	Tommy Barrineau	Robinson	1:06.42	Cate Tisinger	Centreville	1:17.55
2007	Matthew Anderson	Westfield	1:06.83	Brittany Sevachko	Westfield	1:17.82
2008	Matthew Anderson	Westfield	1:09.08	Audrey Barry	Robinson	1:18.01
2009	Mohamed Labor-Koroma, Jr	Chantilly	1:07.74	Alex Straton	Oakton	1:17.89
2010	Mohamed Labor-Koroma, Jr	Chantilly	1:06.64	Genamarie McCant	Robinson	1:17.20
2011	Mohamed Labor-	Chantilly	1:06.47	Genamarie McCant	Robinson	1:18.54
2012	Ansel Bornhauer	Robinson	1:07.64	Genamarie McCant	Robinson	1:17.08
2013	Nathan Kiley	Westfield	1:05.36	Kacey Wheeler	Robinson	1:20.37
2014	Brandon McGorty	Chantilly	1:08.11	Kacey Wheeler	Robinson	1:20.37
2015	Isaac Mills	Oakton	1:06.88	Colleen Davidson	Chantilly	1:20.25
2016	Titus Jeffries, Jr.	Chantilly	1:06.03	Jazmyne Williams	Oakton	1:19.13
2017	Daniel Mitchell	Chantilly	1:09.61	Olivia LeFrancois	Chantilly	1:20.52
2018	Cameron Howard	Chantilly	1:08.20	Emma Seetoo	Westfield	1:19.31
2019	Justin Moses	Westfield	1:09.03	Fredericka Walker	Westfield	1:19.08
2020	Lucas Banerji	Oakton	1:08.32	Fredericka Walker	Westfield	1:17.16

## 1000m Run

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Matt Plummer	Centreville	2:35.2h	Amanda Buell	Chantilly	3:03.0h
1996	James Vasak	Jefferson	2:42.0h	Cammie Heiner	Centreville	3:01.8h
1997	Mike Hogle	Oakton	2:36.3h	Nicole Snider	Jefferson	3:00.5h
1998	Andrew McLeod	Oakton	2:40.74	Kelley Otstott	Jefferson	3:03.25
1999	Billy Moore	Chantilly	2:42.11	Nicole Snider	Jefferson	3:08.18
2000	Alan Webb	South Lakes	2:37.23	Kelley Otstott	Jefferson	3:06.67
2001	Alan Webb	South Lakes	2:31.86	Kelley Otstott	Jefferson	3:03.48
2002	Richard Smith	South Lakes	2:32.49	Dacia Barr	Centreville	3:02.30
2003	David Groff	Westfield	2:37.39	Shauneen Garrahan	Jefferson	3:04.47
2004	David Groff	Westfield	2:33.07	Karen Wilson	Herndon	3:05.79
2005	Abraham Dagnachew	Herndon	2:34.42	Danielle Light	Oakton	3:05.64
2006	Ermin Mujezinovic	Herndon	2:38.06	Kerry Hartman	Westfield	3:03.76
2007	Mark Hogan	Centreville	2:37.75	Kerry Hartman	Westfield	2:58.06
2008	Joe LoRusso	Oakton	2:35.82	Kerry Hartman	Westfield	3:00.32
2009	Jared Berman	Robinson	2:34.61	Kelly Kavanaugh	Robinson	3:03.36
2010	Christopher Foley	Chantilly	2:35.49	Carolyn Hennessey	Herndon	3:08.45
2011	Sean McGorty	Chantilly	2:37.43	Kendall Cowne	Chantilly	3:02.66
2012	Michael McNamee	Oakton	2:29.05	Kendall Cowne	Chantilly	3:01.39

2013	Sean McGorty	Chantilly	2:30.81	Macey Schweikert	Robinson	3:00.06
2014	Chase Heiner	Centreville	2:31.71	Macey Schweikert	Robinson	3:00.79
2015	Brandon McGorty	Chantilly	2:29.43	Olivia Duston	Herndon	3:05.84
2016	Brandon McGorty	Chantilly	2:34.49	Casey Kendall	Oakton	3:03.12
2017	Brandon McGorty	Chantilly	2:38.38	Ameena Benselloum	Westfield	3:05.95
2018	David Barron	Westfield	2:38.69	Nicole Re	Chantilly	3:01.66
2019	Justin Moses	Westfield	2:34.52	Nicole Re	Chantilly	3:07.62
2020	Lucas Banerji	Oakton	2:38.37	Ayannah Tinsley	Westfield	3:11.71

### 1600m Run

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Warren Williams	Chantilly	4:33.1h	Laura Heiner	Centreville	5:13.4h
1996	Eric Post	Chantilly	4:32.2h	Amanda Buell	Chantilly	5:29.5h
1997	Eric Post	Chantilly	4:30.00	Jackie Kerr	Jefferson	5:17.11
1998	Andrew McLeod	Oakton	4:35.20	Nicole Snider	Jefferson	5:04.46
1999	Alan Webb	South Lakes	4:28.51	Kelley Otstott	Jefferson	5:18.10
2000	Alan Webb	South Lakes	4:29.78	Kelley Otstott	Jefferson	5:19.62
2001	Alan Webb	South Lakes	4:18.50	Kelley Otstott	Jefferson	5:22.95
2002	Phil Gaeta	Oakton	4:16.75	Dacia Barr	Centreville	5:07.41
2003	Keith Bechtol	Jefferson	4:25.92	Shauneen Garrahan	Jefferson	5:11.86
2004	James Scheiner	Westfield	4:22.02	Danielle Light	Oakton	5:13.01
2005	Brad Siragusa	Chantilly	4:21.64	Danielle Light	Oakton	5:23.54
2006	Ermin Mujezinovic	Herndon	4:24.90	Kerry Hartman	Westfield	5:11.36
2007	Dan McHale	Robinson	4:23.65	Lia DiValentin	Chantilly	5:07.35
2008	Joe LoRusso	Oakton	4:31.90	Kerry Hartman	Westfield	5:06.04
2009	Jared Berman	Robinson	4:21.43	Kelly Kavanaugh	Robinson	5:07.90
2010	Yazid Zouaimia	Centreville	4:20.96	Taylor Crosson	Robinson	5:09.25
2011	Sean McGorty	Chantilly	4:31.85	Carolyn Hennessey	Herndon	5:16.62
2012	Sean McGorty	Chantilly	4:15.29	Allie Klimkiewicz	Oakton	5:06.70
2013	Sean McGorty	Chantilly	4:11.52	Allie Klimkiewicz	Oakton	4:59.18
2014	John Stoney	Oakton	4:18.72	Casey Kendall	Oakton	5:05.25
2015	John Pace	Westfield	4:20.73	Lauren Berman	Robinson	5:05.81
2016	Brandon McGorty	Chantilly	4:23.74	Sara Freix	Westfield	5:13.94
2017	Brandon McGorty	Chantilly	4:30.38	Ameena Benselloum	Westfield	5:12.13
2018	Mason Joiner	Westfield	4:32.77	Merrill Leak	Madison	5:15.32
2019	Kevin Murphy	Madison	4:31.46	Nicole Re	Chantilly	5:13.58
2020	Zachary Morse	Oakton	4:31.04	Katya Lebert	Oakton	5:24.88

### 3200m Run

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Mohammed Musse	WT	9:44.4h	Jackie Kerr	Jefferson	10:52.6h
1996	Eric Post	Chantilly	9:37.2h	Laura Heiner	Centreville	11:02.5h
1997	Eric Post	Chantilly	9:28.3h	Shannon Sarabyn	Centreville	11:07.1h
1998	Jacob Frey	Oakton	9:54.61	Laura Heiner	Centreville	11:01.37
1999	Alan Webb	South Lakes	9:36.01	Kelley Otstott	Jefferson	11:38.24
2000	Matt Maline	Oakton	9:49.03	Keira Carlstrom	Oakton	11:48.70
2001	Matt Maline	Oakton	9:16.04	Keira Carlstrom	Oakton	11:26.34

2002	Bryan Buckland	Westfield	9:50.50	Sarah Levine	Jefferson	11:34.41
2003	Keith Bechtol	Jefferson	9:37.68	Kristin Hart	Herndon	11:49.22
2004	James Scheiner	Westfield	9:43.53	Danielle Light	Oakton	11:43.98
2005	Brad Siragusa	Chantilly	9:44.39	Kayley Byrne	Oakton	11:42.66
2006	Matt Kroetch	Oakton	9:39.74	Kayley Byrne	Oakton	11:20.43
2007	Matt Giorgis	Herndon	9:48.07	Lia DiValentin	Chantilly	11:06.50
2008	Brian Hendricks	Oakton	9:40.39	Lia DiValentin	Chantilly	10:52.12
2009	Christopher Foley	Chantilly	9:38.96	Hiruni Wijayarathne	Herndon	11:08.63
2010	Yazid Zouaimia	Centreville	9:20.51	Taylor Crosson	Robinson	11:07.67
2011	Sean McGorty	Chantilly	9:43.10	Kendall Cowne	Chantilly	11:28.16
2012	Sean McGorty	Chantilly	9:41.63	Allie Klimkiewicz	Oakton	11:21.18
2013	Sean McGorty	Chantilly	8:55.38	Allie Klimkiewicz	Oakton	10:58.87
2014	Andrew Goldman	Herndon	9:29.73	Allie Klimkiewicz	Oakton	10:53.97
2015	John Pace	Westfield	9:26.72	Allie Klimkiewicz	Oakton	11:02.24
2016	Hunter Jutras	Robinson	9:50.84	Sara Freix	Westfield	11:08.23
2017	Dan Horoho	Centreville	9:48.71	Mandy Odom	Oakton	12:00.07
2018	Mason Joiner	Westfield	9:52.21	Elizabeth Wu	Madison	11:16.63
2019	Kevin Murphy	Madison	9:55.89	Rachel Shoemaker	Madison	11:30.90
2020	Garrett Woodhouse	Oakton	9:48.85	Elizabeth Wu	Chantilly	11:46.34

### 4x200m Relay

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Matt Levy, Brian Smith, Darnell Jones, Anwar El-Amin	South Lakes	1:39.7h	Shelby Cannon, Jen Jones, Marie Abbott, Nicole Morgan	Centreville	1:51.3h
1996		Herndon	1:36.5h		South Lakes	1:50.5h
1997		Centreville	1:38.06		Chantilly	1:54.24
1998	Robbie Gray, Darren Kelley, Aaron Woo, Brandon Buchanan	Jefferson	1:36.70	Cassandra Broffitt, Victoria Hall, Kristen McCabe, Jeraldine Cofie	South Lakes	1:51.17
1999		Centreville	1:35.64		South Lakes	1:52.67
2000		Oakton	1:36.36		Oakton	1:52.87
2001	Matt Arnold, Darrell Moses, Geoff Moore, Garrett Pugh	Centreville	1:38.01	Allison Dyck, Heather Hamilton-Brown, Lynnette Mills, Christina Dyck	Centreville	1:52.88
2002		Centreville	1:32.60		Oakton	1:47.22
2003	Khaleel Rahman, Marcus Carson, Wayne Gore, Steve Gillard	Herndon	1:32.77	Alisha Bryant, Adrienne Mayo, Kristina Buoni, Kristin Hassell	South Lakes	1:48.41
2004	James Schnarrs, Dustin Ray, Kyle Bauman, Jimmy Beyeah	Chantilly	1:35.27	Jennifer Geldermann, Jasmine Nelson, Mary Casey, Sara Kanamine	Chantilly	1:47.18
2005	Brandon Williams, Brandon Davis, Daryl Hamilton, Cameron Dohse	Centreville	1:35.35	Jennifer Geldermann, Jasmine Nelson, Adeola Abisogun, Sara Kanamine	Chantilly	1:46.10
2006	Brandon Davis, Jamal Crowelle, Cameron Dohse, Brandon Williams	Centreville	1:33.80	LeighAnne Baxter, Lauren Hallauer, Brittany Kuhn, Danielle Hayler	Robinson	1:46.36
2007	Vincent Allin, Davis Matthew, Anthony Rodriguez, Tim Davis	Centreville	1:34.49	Brittini Finch, Erika Pinto, Chelsea Dunn, Jordan Grant	Centreville	1:46.50
2008	Kevin Reardon, Julian Bellamy, Kareem Ebanks, Matthew Davis	Westfield	1:34.96	Katie O'Brien, Jensen Smith, Alison Heck, LeighAnne Baxter	Robinson	1:47.70

2009	Jae Son Shim, Ryan Tarpey, Bradley Burgess, JW Seo	Robinson	1:35.15	Ermily Palmer, Millie Kidder-Goshorn, Danielle Theberge, Carina Peter	Herndon	1:48.39
2010	Ryan Tarpey, Matt Ridenour, Bradley Burgess, JW Seo	Robinson	1:34.85	Chioma Onyekwere, Jensen Smith, Ali Heck, Genamarie McCant	Robinson	1:46.54
2011	Jesus Hernandez, Marshall Findley, Alex Fisher, Josh Schow	Herndon	1:34.51	Michelle Sapinosa, Nyah Collier, Meghan Jean-Baptiste, Annachristina Clements	Oakton	1:51.73
2012	Danny Bulas, Kendall Anderson, Alex Moses, Alex Krull	Westfield	1:33.34	Annachristina Clements, Christianne Butters, Danielle Fitzgerald, Megan Jean-Baptiste	Oakton	1:48.58
2013	Nestor Folta, Miles Lindsay, Mitchell Carroll, Joey Bartosic	Oakton	1:33.06	Arianna Wakefield, Mekkah Moses, Elizabeth Doherty, Taunysa Bailey	Westfield	1:52.14
2014	Alex Moses, Alex Humphrey, John Lim, Kahlil Shepard	Westfield	1:33.95	Natalie Lott, Arianna Wakefield, Ashley Little, Taunysa Bailey	Westfield	1:46.51
2015	Michael Scopellite, Darren Almodiel, Peyton McClintock, Justin West	Chantilly	1:33.55	Lyric Iglehart, Jordyn Bingham, Sarah Little, Natalie Lott	Westfield	1:49.35
2016	Jose Diego Almodiel, Mark Robinson, Justin Loh, Titus Jeffries	Chantilly	1:32.67	Sarah Little, Lyric Iglehart, Inaya Jones, Natalie Lott	Westfield	1:47.83
2017	William Cherry, Michael Norton, Elias Lindsey, Nick Aime	Oakton	1:34.11	Inaya Jones, Olivia Beckner, Indira Miles, Natalie Lott	Westfield	1:47.31
2018	Daequan Williams, Abdul Koroma, Jordan Rieser, Derek Haynie	Centreville	1:36.15	Inaya Jones, Olivia Beckner, Christina James, Emma Seetoo	Westfield	1:48.55
2019	Abdul Koroma, Derek Haynie, Elijah Heitman, Carrington Nickens	Centreville	1:33.83	Katie Conway, Olivia Beckner, Trinity Lavenhouse, Inaya Jones	Westfield	1:49.80
2020	Abdul Koroma, Steve Bradley, Jaidon Siler, Richard Dublin	Centreville	1:35.61	Kendra Bush, Claire Jones, Kylie Finney, Emera Cooper	Chantilly	1:49.13

### 4x400m Relay

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Derek Tucker, Taylor Rowlett, Mike Hannam, James Vasak	Jefferson	3:37.4h	Lisette Asbury, Jennifer Walken, Jo Nguyen, Paula Spaeth	Jefferson	4:15.3h
1996		Oakton	3:39.7h		South Lakes	4:10.3h
1997		South Lakes	3:37.8h		Jefferson	4:13.9h
1998	Greg Tumolo, Rahim Wali, Andrew McLeod, Mohammed Wali	Oakton	3:35.46	Nicole Snider, Jeanne Cameron, Andrea Lopez, Kelley Otstott	Jefferson	4:10.05
1999		Centreville	3:34.60		Chantilly	4:17.00
2000		Oakton	3:35.66		Oakton	4:12.52
2001	Kent Kronenburg, Matt Greenspan, Kanda Karmo, Justin Smyser	South Lakes	3:37.77	Jenny Lopatin, Krystle Moss, Kristen Hicks, Kelley Otstott	Jefferson	4:14.54
2002		South Lakes	3:29.61		Jefferson	4:11.64
2003	David Groff, Chris Courson, Phillippe Tondereau, Chris Black	Westfield	3:27.64	Alisha Bryant, Ebony Jackson, Kristina Buoni, Tara Markey	South Lakes	4:10.05
2004	Phillippe Tondereau, Alvin Tondereau, Chris Black, Chris Courson	Westfield	3:27.73	Karen Woolley, Jacqueline Lambert, Carmen Meade, ??	Westfield	4:11.23
2005	Andrew Smith, Jared Hatch, Byron Bazemore, Abreham Dagnachew	Herndon	3:33.14	Tanisha Demby, Amy Collins, Brittini Finch, Cate Tisinger	Centreville	4:05.63
2006	Jamal Crowelle, Mark Hogan, Cameron Dohse, Brandon Davis	Centreville	3:34.17	Christin Zink, Kathryn Lynn, Tasia Potasinski, Brittany Sevachko	Westfield	4:05.75
2007	Vincent Allin, Kevin Dillard, Tim Davis, Matthew Anderson	Westfield	3:29.75	Lauren Hallauer, LeighAnne Baxter, Ali Heck, Audrey Barry	Robinson	4:06.20

2008	Jung Wook Seo, John Ro, Adam Seymour, Aaron Staton	Robinson	3:37.86	Alison Heck, Becca Holtzman, LeighAnne Baxter, Audrey Barry	Robinson	4:08.98
2009	Joshua Trikakakis, Kyle Cantrell, Wilson Bever, Mohamed Labor-Koroma, Jr	Chantilly	3:35.39	Jensen Smith, Ali Heck, Molly Kulbaski, Elizabeth Roberson	Robinson	4:11.34
2010	Mattson Heiner, Austin Erickson, Terrance Kennedy, Paul Barbour	Centreville	3:33.41	Jensen Smith, Molly Kulbaski, Elizabeth Roberson, Ali Heck	Robinson	4:12.57
2011	Alex Fisher, Jesus Hernandez, Marshall Findley, Josh Schow	Herndon	3:32.87	Kacey Wheeler, Lindsey Taitano, Molly Kulbaski, Chioma Onyekwere	Robinson	4:10.34
2012	Max Chambers, Troy Sevachko, Nathan Kiley, Tyronne Walker	Westfield	3:30.39	Elizabeth Roberson, Kacey Wheeler, Corinne Zinser, Macey Schweikert	Robinson	4:07.41
2013	Maxwell Chambers, Alex Moses, Tyler Thrasher-Walker, Troy Sevachko	Westfield	3:30.21	Katelyn Cunningham, Macey Schweikert, Kacey Wheeler, Savannah Miller	Robinson	4:11.39
2014	Arvin Daneshmand, Peyton McClintock, Andris Sturans, Brandon McGorty	Chantilly	3:30.59	Kacey Wheeler, Brooke Hagen, Courtney Holleran, Nancy Zhang	Robinson	4:12.87
2015	Titus Jeffries, Michael Scopellite, Daniel Mitchell, Brandon McGorty	Chantilly	3:28.17	Elli Kluegel, Brooke Hagen, Kimbyl Riggs, Seye Raymond	Robinson	4:13.91
2016	Conrad Pereira, Daniel Mitchell, Michael Scopellite, Brandon McGorty	Chantilly	3:30.20	Sarah Schuster, Cecelia Bacon, Olivia LeFrancois, Simone Jeffries	Chantilly	4:07.14
2017	Conrad Pereria, Michael Shepherd, Brandon McGorty, Daniel Mitchell	Chantilly	3:32.98	Alba Samhouni, Alyse Johnson, Katherine Stern, Olivia Duston	Herndon	4:11.31
2018	Clark Saben, Saeed Asghar, Adam Mason, Jonathan Duran-Diaz	Chantilly	3:38.04	Nyla Carter-Ogden, Ruby Carter-Ogden, Miranda Conroy, Olivia LeFrancois	Chantilly	4:13.25
2019	Jenson Bonilla, Daniel Lanigan, Justin Moses, Bryce Snyder	Westfield	3:33.76	Ayannah Tinsley, Stephanie Ajibola, Fredericka Walker, Emma Seetoo	Westfield	4:12.60
2020	Trosoadas Davenport, Clark Saben, Maximus James, Timothy Depalma	Chantilly	3:34.19	Kendra Bush, Ava Miller, Kylie Finney, Kaitlyn Purvis	Chantilly	4:13.34

### 4x800m Relay

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Taylor Rowlett, Mike Hannam, Marcus Menezes, James Vasak	Jefferson	8:31.3h	Lisa Masters, Julie Gamble, Mandy Melella, Colleen Champan	Chantilly	10:25.0h
1996		Chantilly	8:28.3h		Centreville	9:50.6h
1997		Jefferson	8:37.7h		Chantilly	10:04.76
1998	Dan Yi, Pat Reilly, Chris Nelson, Ben Horne	Jefferson	8:36.9h	Kelley Chapman, Jen Conlin, Meredith Chapman, Laurie Yarger	Chantilly	10:17.9h
1999		Oakton	8:17.42		Chantilly	9:52.02
2000		Jefferson	8:31.6h		Oakton	10:05.5h
2001	Brendan Leahy, Deven Fellows, Yonathan Kebede, Kanda Karmo	South Lakes	8:28.14	Julie Hahl, Katherine Karrenbauer, Elizabeth Dunning, Dacia Barr	Centreville	10:08.64
2002		South Lakes	8:03.78		South Lakes	10:13.09
2003	Michael Robinson, Kris Cruz, Mike McGinnis, Chris O'Keefe	Oakton	8:19.50	Emily Yost, Sarah Sieb, Carleigh Gregory, Sarah Look	Herndon	10:04.68
2004	Ryan Catlett, Paul Torrey, Danny Gordon, ???	Herndon	8:17.93	Annie Agone, Katie Gambale, Stephany Reaves, Kat Schleckser	Jefferson	9:52.94
2005	Ermin Mujezinovic, Jared Hatch, Abreham Dagnachew, Daniel Gordon	Herndon	8:05.59	Nora Meehan, Deborah Perl, Kayley Byrne, Meredith Tighe	Oakton	9:36.81
2006	Christian Witcher, Tommy Barrineau, Chris Clark, Mark Hussa	Robinson	8:05.03	Brittany Sevachko, Kerry Hartman, Tasia Potasinski, Emani Bani	Westfield	9:36.15



2007	Dominic Collins, Martin Wester, Wes Shaw, Dan McHale	Robinson	8:12.37	Eman Bani, Chrissy Esposito, Laura Pramstaller, Brittany Sevachko	Westfield	9:41.17
2008	Brian Hendricks, Chris Weil, Neal Hendricks, Joe LoRusso	Oakton	8:14.03	Katie Merrill, Mehnaz Haq, Lauren Pinkston, Hiruni Wijayarathne	Herndon	9:40.70
2009	Mattson Heiner, Dan Grimm, Joey Hannah, Yazid Zouaimia	Centreville	8:25.04	Kelly Kavanaugh, Amanda Bray, Taylor Crosson, Barbara Platenberg	Robinson	9:53.45
2010	Joey Hannah, Yazid Zouaimia, Robert Kelly, Chan Young Lee	Centreville	8:22.18	Juli Cuomo, Hayley Anderson, Katie Hickey, Isabella Medina	Centreville	9:53.05
2011	Gregory Petruncio, Oliver Lopez- Gomez, Michael McNamee, Brandon Henton	Oakton	8:17.25	Hannah Strub, Elise Kinsey, Megan Toole, Kendall Cowne	Chantilly	9:54.98
2012	Steven Mitchell, Max Chambers, Nathan Kiley, Tyrone Walker	Westfield	8:14.53	Alexandra Sieder, Samantha Lull, Nora Raheer, Kendall Cowne	Chantilly	9:50.41
2013	Maxwell Chambers, Troy Sevachko, Nick O'Connell, Nathan Kiley	Westfield	8:08.78	Grace Stewart, Kristi Carrigan, Shannon Carney, Briana Stewart	Oakton	9:49.22
2014	Adam Huff, Dakota Lange, Ryan McGorty, Brandon McGorty	Chantilly	8:08.10	Grace Okoroafor, Roshni Gill, McKinsey Smith, Meghan Heick	Westfield	9:56.05
2015	Evan Compton, Daniel Mitchell, Ryan McGorty, Brandon McGorty	Chantilly	8:00.17	Hannah Wolfe, Gabby Bustamante, Olivia Duston, Lauren Butler	Herndon	9:46.24
2016	Michael Altenburg, Devin Rohler, Reid Sharkey, Gavin Camby	Robinson	8:09.98	Emma Kluegel, Seneca Willen, Brooke Hagen, Lia Hanus	Robinson	9:54.49
2017	Gavin Camby, Jonah Mathew, Charles Hogeboom, Devin Rohler	Robinson	8:18.83	Kayla Wigle, Olivia LeFrancois, Ana Morris, Nicole Re	Chantilly	9:34.81
2018	Wyatt Cyr, Nako Amare, Harrison Shay, Tyler Amos	Chantilly	8:36.26	Bryanna Vasquez, Kira Buttrey, Rachel Green, Katya Lebert	Oakton	9:53.65
2019	Scott Sullivan, Zach Messaros, Zachary Morse, Lucas Banerji	Oakton	8:17.80	Nyla Carter-Ogden, Elizabeth Wu, Ruby Carter-Ogden, Nicole Re	Chantilly	9:46.40
2020	Zachary Morse, Bryce Buttrey, Tor Davidsen, Lucas Banerji	Oakton	8:09.14	Bridgette Tran, Riley Jenkins, Lily Campbell, Ayannah Tinsley	Westfield	9:57.15

### Long Jump

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Ben Jullien	WT	21' 3.5"	Destyne Jones	Centreville	18' 7"
1996	Kwarteng Adu-Gyamfi	Herndon	21' 0"	Destyne Jones	Centreville	18' 2.75"
1997	Bobby Faulkner	South Lakes	20' 5.5"	Naccolle Guinn	Jefferson	16' 11.5"
1998	Bobby Faulkner	South Lakes	20' 8.5"	Naccolle Guinn	Jefferson	16' 5"
1999	Gus Schmader	Chantilly	20' 7.75"	Alyssa Aiken	Chantilly	17' 2.75"
2000	Oyebode Fajobi	Herndon	21' 3.5"	Amy Conteh	Oakton	17' 11.25"
2001	Teddy Pressley	Oakton	21' 1.25"	Bonnie Meekins	Oakton	16' 11.25"
2002	David Sullivan	Centreville	21' 5"	Adrienne Mayo	South Lakes	17' 4.5"
2003	Brandon Dobbs	Westfield	21' 5.75"	Kathleen Woody	Oakton	18' 0"
2004	Jimmy Beyeah	Chantilly	20' 1.25"	Carmen Meade	Westfield	16' 6.5"
2005	Brandon Davis	Centreville	21' 5"	Abby Lauer	Jefferson	17' 6.25"
2006	Brandon Davis	Centreville	20' 11.5"	Brittini Finch	Centreville	18' 1.5"
2007	Brandon Davis	Centreville	22' 2.75"	Brittini Finch	Centreville	18' 4"
2008	Russell Green	Herndon	21' 8.5"	Lauren Pinkston	Herndon	16' 4.5"
2009	Fabian Bailey	Robinson	20' 5.25"	Alex Straton	Oakton	17' 2"
2010	Paul Barbour	Centreville	21' 6"	Alex Straton	Oakton	17' 5.25"
2011	Arthur McDuffy	Chantilly	20' 10.5"	Carina Peter	Herndon	17' 1"
2012	Arthur McDuffy	Chantilly	21' 7.75"	Carina Peter	Herndon	18' 9.75"
2013	Devon Burns	Westfield	20' 10"	Meghan Jean-Baptiste	Oakton	17' 2.25"
2014	Andrew Ridenour	Centreville	20' 11.5"	Katie Freix	Westfield	16' 1.25"
2015	Darren Almodiel	Chantilly	21' 5.75"	Uloma Nwaolu	Robinson	17' 8"
2016	Azunna Nwaolu	Robinson	20' 10"	Alisha Harris	Robinson	17' 4"

2017	Caden Billak	Centreville	21' 1.5"	Jaiviah Dews	Chantilly	16' 10.5"
2018	Caden Billak	Centreville	21' 6.25"	Emma Seetoo	Westfield	16' 7.75"
2019	Saadiq Hinton	Westfield	20' 0.75"	Emma Seetoo	Westfield	16' 9"
2020	Ethan Gregory	Oakton	20' 11.25"	Emma Seetoo	Westfield	17' 3"

### Triple Jump

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Azibo Smith	Chantilly	41' 7"	Destyne Jones	Centreville	39' 1.75"
1996	Azibo Smith	Chantilly	42' 8.75"	Jennifer Walker	Jefferson	37' 6.5"
1997	Russ Johnson	Oakton	40' 11.5"	Naccole Guinn	Jefferson	37' 0"
1998	Ashley Sharp	Jefferson	41' 3"	Naccole Guinn	Jefferson	36' 9.25"
1999	Gus Schmader	Chantilly	43' 7.75"	Leathan Domeshek	Jefferson	34' 1.25"
2000	Jess Robinson	Jefferson	41' 6.25"	Danielle Woodhouse	Jefferson	37' 8.75"
2001	Teddy Pressley	Oakton	44' 6"	Bonnie Meekins	Oakton	35' 7.75"
2002	Brandon Zimmer	Jefferson	39' 9.5"	Kathleen Woody	Oakton	37' 9"
2003	Brandon Dobbs	Westfield	42' 11"	Adrienne Mayo	South Lakes	38' 10.5"
2004	Jimmy Munse	Westfield	42' 8.75"	Carmen Meade	Westfield	34' 8.5"
2005	Jamal Crowelle	Centreville	42' 5.25"	Brittini Finch	Centreville	36' 5"
2006	Jamal Crowelle	Centreville	42' 4"	Brittini Finch	Centreville	36' 2.75"
2007	Kevin Dillard	Westfield	44' 11.25"	Brittini Finch	Centreville	34' 6.5"
2008	Russell Green	Herndon	42' 9.25"	Amira Idris	Chantilly	35' 5.75"
2009	Fabian Bailey	Robinson	42' 1.5"	Emily Palmer	Herndon	35' 7.75"
2010	Paul Barbour	Centreville	42' 2"	Meghan Jean-Baptiste	Oakton	35' 7.5"
2011	Arthur McDuffy	Chantilly	44' 1"	Carina Peter	Herndon	36' 4"
2012	Arthur McDuffy	Chantilly	46' 3.25"	Carina Peter	Herndon	38' 2.5"
2013	James Gibson	Westfield	42' 6"	Meghan Jean-Baptiste	Oakton	36' 6.25"
2014	Azunna Nwaolu	Robinson	43' 0"	Uloma Nwaolu	Robinson	37' 3.5"
2015	John Lim	Westfield	44' 6.75"	Uloma Nwaolu	Robinson	36' 2.75"
2016	Azunna Nwaolu	Robinson	44' 2.5"	Cecelia Bacon	Chantilly	35' 10"
2017	Quinn Shorten	Chantilly	42' 10.25"	Cecelia Bacon	Chantilly	36' 10"
2018	Caden Billak	Centreville	41' 11.75"	Cecelia Bacon	Chantilly	36' 1"
2019	Bizzet Woodley	Westfield	40' 10"	Olivia Redding	Oakton	32' 9.25"
2020	Dahntay Baugh	Centreville	40' 7.5"	Emma Seetoo	Westfield	37' 0'.25"

### High Jump

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Phil Purgason	Centreville	6' 4.5"	Janel Beckham	Jefferson	4' 11"
1996	Russell Marsh	WT	5' 10"	Kathy Smith	Chantilly	5' 2"
1997	Russ Johnson	Oakton	6' 0"	Kathy Smith	Chantilly	5' 4"
1998	Nick Carter	WT	6' 2"	Erin McMorrow	Chantilly	5' 0"
1999	Mark Tenia	Herndon	6' 0"	Krystle Moss	Jefferson	5' 2"
2000	Teddy Pressley	Oakton	6' 2"	Krystle Moss	Jefferson	5' 4"
2001	Teddy Pressley	Oakton	6' 4"	Krystle Moss	Jefferson	5' 6"
2002	David Sullivan	Centreville	6' 2"	Bonnie Meekins	Oakton	5' 7"
2003	Maurice Moses	Centreville	6' 0"	Sierra McPhaul	Centreville	5' 0"
2004	Brian Hansen	Jefferson	5' 8"	Karen Woolley	Westfield	5' 0"
2005	Andrew Bowman	Jefferson	5' 10"	Karen Woolley	Westfield	4' 10"
2006	Alex Grant	Centreville	6' 0"	Brittini Finch	Centreville	4' 10"
2007	Phil Allison	Centreville	6' 4.25"	Brittini Finch	Centreville	5' 0"
2008	David Skahn	Westfield	6' 1"	Marian Dougherty	Robinson	5' 0"
2009	Rich Roethel	Herndon	6' 6"	Danielle Theberge	Herndon	5' 2"
2010	Joey Muzzio	Robinson	6' 0"	Danielle Theberge	Herndon	5' 0"

2011	Joey Muzzio	Robinson	6' 8"	Meghan Jean-Baptiste	Oakton	5' 4"
2012	Miles Ransom	Chantilly	6' 1"	Meghan Jean-Baptiste	Oakton	5' 0"
2013	Devon Burns	Westfield	5' 11"	Uloma Nwaolu	Robinson	5' 4"
2014	Brandon McGorty	Chantilly	6' 0"	Uloma Nwaolu	Robinson	5' 6"
2015	Brandon McGorty	Chantilly	6' 3"	Uloma Nwaolu	Robinson	5' 4"
2016	Brandon McGorty	Chantilly	6' 2"	Maria Muzzio	Robinson	5' 0"
2017	Darnell Gardner	Westfield	6' 5"	Josephine Allamby	Chantilly	5' 2"
2018	Aidan Bliss	Chantilly	5' 8"	Cecelia Bacon	Chantilly	5' 2"
2019	Bizzet Woodley	Westfield	5' 10"	Josephine Allamby	Chantilly	5' 3"
2020	Alex Richlin	Oakton	5' 8"	Daria Haynie	Centreville	4' 10"

### Pole Vault

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Bill Hesse	Herndon	13' 2.25"	n/a		
1996	Rob Schweiters	Centreville	12' 0"	n/a		
1997	Dave Ruby	Centreville	12' 0"	n/a		
1998	Nick Burgoyne	Chantilly	10' 6"	n/a		
1999	Andrew Staszak	Chantilly	11' 0"	Jessica Daughtry	Herndon	8' 5"
2000	David Sullivan	Centreville	12' 9"	Charlotte Laroche	Centreville	11' 6"
2001	David Sullivan	Centreville	15' 1"	Kathryn Pettine	Westfield	10' 0"
2002	David Sullivan	Centreville	15' 0"	Kathryn Pettine	Westfield	11' 0"
2003	David Lewis	Westfield	13' 0"	Kathryn Pettine	Westfield	11' 1"
2004	David Lewis	Westfield	14' 0"	Nicole Kazuba	Chantilly	8' 6"
2005	Chad Cochran	Westfield	13' 6"	Nicole Kazuba	Chantilly	10' 0"
2006	David Newkirk	Westfield	13' 6"	Nicole Kazuba	Chantilly	11' 0"
2007	Wesley Sun	Chantilly	12' 6"	Betsy Alter	Westfield	10' 0"
2008	Wesley Sun	Chantilly	12' 6"	Kim Weinberg	Chantilly	9' 0"
2009	Wesley Sun	Chantilly	14' 6"	Kim Weinberg	Chantilly	9' 4"
2010	Chris Menzel	Chantilly	12' 6"	Katie Bannon	Centreville	9' 9"
2011	Michael Lohr	Robinson	13' 8"	Nina Ullom	Chantilly	10' 0"
2012	Austin Miller	Herndon	14' 0"	Megan Reilly	Westfield	8' 0"
2013	Lucas Wratchko	Oakton	13' 6"	Lauren Crafton	Chantilly	9' 0"
2014	Andris Sturans	Chantilly	12' 0"	Katie Freix	Westfield	11' 0"
2015	Jose Diego Almodiel	Chantilly	13' 1"	Jessica Keys	Herndon	9' 3"
2016	Jose Diego Almodiel	Chantilly	12' 9"	Jessica Keys	Herndon	9' 6"
2017	Casey Buckley	Westfield	12' 6"	Lauren Anderson	Westfield	9' 6"
2018	Casey Buckley	Westfield	13' 6"	Lauren Anderson	Westfield	10' 6"
2019	Ryan Cherry	Oakton	14' 10"	Sofia Forbes	Westfield	7' 0"
2020	Nicholas Scott	Oakton	13' 9"	Elizabeth Upright	Oakton	11' 0"

### Shot Put

	<b>Boys Winner</b>	<b>School</b>	<b>Time</b>	<b>Girls Winner</b>	<b>School</b>	<b>Time</b>
1995	Dan McGrath	Centreville	52' 1.75"	Janel Beckham	Jefferson	38' 8.5"
1996	Mike Freeman	Oakton	49' 8.75"	Robin Kennel	Oakton	32' 10.5"
1997	Eric Clement	Jefferson	48' 2"	Nicole Lafleur	Oakton	35' 1"
1998	Eric Clement	Jefferson	50' 7.5"	Jenny Baker	Jefferson	30' 7.75"
1999	Matt Hodgson	South Lakes	44' 8"	Alyssa Aiken	Chantilly	35' 6"
2000	Matt Rembold	Chantilly	43' 8.5"	Lori Suszko	Oakton	30' 8"
2001	Pat Fitzgerald	Oakton	45' 4"	Chazzy Morris	Jefferson	34' 10.75"
2002	Abdul Jabbie	Centreville	47' 4"	Rasha Bitar	Westfield	37' 0"
2003	Matt Felley	Oakton	43' 9.5"	Rasha Bitar	Westfield	35' 5.75"
2004	Andrew Lewis	Centreville	48' 0"	Jillian Anwah	Westfield	36' 3.25"

<b>2005</b>	Andrew Lewis	Centreville	47' 2.5"	Aimee Kodat	Westfield	33' 9.5"
<b>2006</b>	Andrew Pittman	Westfield	50' 8"	Aimee Kodat	Westfield	37' 1.25"
<b>2007</b>	Andrew Pittman	Westfield	48' 0.25"	Stephanie White	Centreville	34' 8"
<b>2008</b>	Branden Holmberg	Westfield	49' 0.5"	Jessie Echard	Robinson	35' 5.75"
<b>2009</b>	Luis Soriano	Oakton	48' 2.75"	Kaylin Newman	Westfield	34' 7.75"
<b>2010</b>	Kirk Nguyen	Herndon	47' 0.5"	Kaylin Newman	Westfield	39' 0.5"
<b>2011</b>	Michael Boyles	Westfield	40' 9.75"	Chioma Onyekwere	Robinson	36' 4.75"
<b>2012</b>	Anthony Richardson	Westfield	44' 2"	Chioma Onyekwere	Robinson	39' 10.25"
<b>2013</b>	Haider Fradj	Westfield	48' 4.5"	Maria Muzzio	Robinson	35' 7.75"
<b>2014</b>	Garrett Weatherbee	Robinson	54' 1.75"	Maria Muzzio	Robinson	39' 4.25"
<b>2015</b>	Brandon Flores	Westfield	49' 0"	Maria Muzzio	Robinson	42' 5"
<b>2016</b>	Ethan Busenitz	Centreville	44' 0"	Maria Muzzio	Robinson	40' 8.25"
<b>2017</b>	Mark Harper	Chantilly	49' 0.5"	Taylor Thrasher	Westfield	35' 5.5"
<b>2018</b>	Gavin Thomas	Centreville	44' 7.75"	Taylor Thrasher	Westfield	37-9.75"
<b>2019</b>	Gavin Thomas	Centreville	45' 9"	Alaina Ceynowa	Madison	35' 1"
<b>2020</b>	Nick Cloud	Madison	46' 1.75"	Katherine Kinnier	Chantilly	33' 6"